

CORRECTIONS EXERCICES ANGLAIS SESSION 1

Talking about vital signs Ajouter URL Exercices

Activity 1 :

The first vital signs which are taken when a patient arrives on the ward are called **baseline** vital signs.

Nurse hand over information about **abnormal** (not normal) baseline observations.

Vital signs help to **monitor** (keep an eye on) a patient's condition after an operation.

An average healthy adult is expected to have **normal** vital sign ranges if they are measured during a resting period.

A blood pressure of 90/60 is measured in millimeters of mercury and spoken as ninety **over** sixty.

A pulse of 80 means eighty **beats** (of the heart) per minute.

Respirations are measured as **breaths** per minute.

Temperature may be measured using the Fahrenheit or Celcius scale. Normal body temperature is between thirty-six degrees to thirty-seven **point** five degrees Celcius.

Oxygen saturation of 98% is within the normal **range** for a healthy adult.

Activity 2 :

- 38.2^o thirty-eight point two degrees
- 37.3^o thirty-seven point three degrees
- 36.9^o thirty-six point nine degrees
- 35.40 thirty-five point four degrees

Activity 3 :

Patient: Jim Greenway

His BP is 168/100

His pulse is 76

His resps are 14

His temp is 37.4^o

His sats are 98%

Activity 4 : singular – BP, pulse,temp

Plural – resps, sats

Activity 5 :

Place **cuff** around patient's upper arm

Place **stethoscope** diaphragm over inside of elbow

Pump up the inflation **bulb** to an estimated reading

Slowly release the inflation bulb until **heartbeat** sounds disappear for the top and bottom readings

Place **cuff** around patient's upper arm

Place oximeter clip over any **finger-nail**

Turn **monitor** on and commence cycle

Wait for result to show on **digital** screen

Activity 6 :

Can I **take** your blood pressure, please?

I'm going to check your vital signs in a minute. Do you mind if I **take** your temperature?

I'll put this oximeter clip on your finger and **do** your sats reading.

You had a fever earlier today so I'll **take** your temp now to check it.

Can you please hold up your arm so I can **take** your pulse?

He's breathing very slowly so it would be a good idea to **do** his respiration rate.

Activity 7 :

Hypertension means **high** blood pressure.

Hypotension means **low** blood pressure.

Tachycardia means a **fast** pulse.

Bradycardia means a **slow** pulse.

Hypothermia means a **low** temperature

Activity 8 :

Abnormal result	Medical term
high blood pressure	hypertension
low blood pressure	hypotension
fast pulse	tachycardia
slow pulse	bradycardia
slow reps	bradypnoea
fast reps	tachypnoea
high temperature:	hyperthermia
low temperature	hypothermia

Activity 9 :

"I'll tell you about Mr Brown in bed 8 before I go home. I just took his temperature and he's still **pyrexical**. His temp was 38.5. He's also **breathing** very fast, around 18 breaths a minute and he's got **tachycardia** of around 90 beats per minute. I've called the doctor to come and see him straightaway."

Activity 10 : Answer the following statements True (T) or False (F) about the text above

1. Low blood pressure can be the cause of a person feeling lightheaded. **True**
2. Hypertension is a more serious condition than hypotension. **False -Low blood pressure usually means that a patient has kidney or heart problems and can be as serious as hypertension.**
3. Tachycardia means a slow pulse rate. **False – tachy- means 'fast'**
4. A fast heart rate can be regulated by taking medication. **True**
5. Tachycardia is always a serious health concern. **False** it is normal to expect the heart rate to increase after exercise

Activity 11 : Medical Focus: equipment to take patient Observations

11A : 1 b 2 a 3 d 4 e 5 c

11B

1 pulse oximeter

2 tympanic thermometer

3 digital blood pressure monitor

4 scales

5 blood pressure cuff